

For Immediate Release

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No-Fight Divorce

Spend Less Money, Save Time, and Avoid Conflict Using Mediation

Brette McWhorter Sember

With over 50% of all marriages ending in divorce, too many couples find themselves in an all-out divorce war which pits them as adversaries and places their children in the middle of the conflict. There is a better alternative. Mediation offers couples the chance to end their marriages in a civil, thoughtful, faster, less expensive, and self-determined way. It is the best option when children are involved and is always the most cooperative approach to the end of a marriage. **NO-FIGHT DIVORCE** (September 2005; Paperback; \$16.95) is a complete guide to making mediation work for you.

Included are:

- Tips for finding a mediator who is a good fit, what questions to ask before signing up, and what to look for in your contract with your mediator
- Information on determining if you and your spouse are good candidates for mediation
- Advice about how to effectively use your attorney and other professionals, such as financial planners, during mediation
- Ways to use mediation to decide custody, property settlements, alimony, and child support
- Hints on resolving custody and visitation issues and important issues to consider when creating your parenting plan
- Communication tips to help you get your message across and reach a meeting of the minds with your spouse more quickly
- Solutions to common problems encountered in mediation
- A checklist of issues to resolve through mediation so you are assured of having a complete settlement
- Information about using mediation after your divorce to solve ongoing problems instead of going to court

This complete guide takes readers by the hand and guides them through the mediation process from start to finish. Everything you need to know about mediation is included and the book is helpful for those who are beginning to consider divorce or mediation and even for those who are right in the middle of a heated divorce and are seeking a better alternative.

About the author:

Brette McWhorter Sember is a retired matrimonial and family mediator and attorney and author of numerous other books including *The Divorce Organizer & Planner* and *How to Parent with Your Ex*. She is a member of the Association for Conflict Resolution and the New York State Council on Divorce Mediation.

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Save Time, Money, and Conflict by Using Mediation

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